



Maximizing Your Preventive Care Benefits

As a member of the Ashland School District Health plan, you have a robust Preventive Care benefit.

When your in-network provider bills the following services as routine preventive services, there is a **\$25 copay** then the plan pays any remaining preventive charges in full.

Preventive Service	Notes
Immunizations <i>(travel & work related immunizations excluded)</i>	Immunizations are covered according to CDC guidelines. View the full schedule at http://www.cdc.gov/vaccines/schedules/index.html
Adults	<ul style="list-style-type: none"> - Flu - Diphtheria, Tetanus & Pertussis (DTaP) - Measles, Mumps, Rubella (MMR) - Pneumococcal - Meningococcal - HPV - Chickenpox - Hepatitis A - Hepatitis B - Hib - Shingles (Age 60+)
Children 0-7	<ul style="list-style-type: none"> - Varicella (chicken pox) - Diphtheria, Tetanus & Pertussis (DTaP) - Haemophilus influenzae Type B (Hib) - Hepatitis A - Hepatitis B - Flu - Measles, Mumps, Rubella (MMR) - Polio (IPV) - Pneumococcal - Rotavirus - HPV - Meningococcal (MCV4)

Preventive Service	Notes
Wellness Exams	Provider must indicate visit is Preventive. 0-12 Months – 7 Per Year 12 Months – 3 Years – 3 Per Year 3 Years to Adult – 1 Per Year Adult – 1 Per Year Routine Gynecological Exam – 1 Per Year
Nutritional Counseling	Maximum of 3 visits per calendar year
Screening Tests	<i>1st per calendar year covered under preventive benefit regardless of diagnosis</i> <ul style="list-style-type: none"> - Colonoscopy - Mammogram - Sigmoidoscopy - Fecal Occult Screening
Pap/Pelvic Exam	
Prostate Cancer Screening	Males age 40 & over
Abdominal aortic aneurysm by ultrasonography	<i>DX = Preventive</i> <i>CPT Code = G0389, 93925 & 93926</i>
Cholesterol abnormalities/lipid disorders	<i>DX = Preventive</i> <i>CPT Code = 80061, 82465, 83718-83719, 83721, 83701</i>
Diabetes Screening	<i>DX = Preventive</i> <i>CPT Code = 36425, 83036, 83037, 80050, 82947-82948, 82962</i>
Osteoporosis	<i>DX = Preventive</i> <i>CPT Code = 77078-77083</i>
Hepatitis B	<i>DX = Preventive or Maternity</i> <i>CPT Code = 80074, 87340-87341, 86706</i>
STD Screening– chlamydial infection	<i>DX = Preventive or Maternity</i> <i>CPT Code = 87270, 86631-86632, 87120, 87320, 87485-87487, 87490-87492, 87810</i>
STD Screening- gonorrhea	<i>DX = Preventive or Maternity</i> <i>CPT Code = 87590-87592</i> <i>87850</i>
STD Screening- HIV	<i>DX = Preventive or Maternity</i> <i>CPT Code = 86701-86703, 86689, 87390-87391, 87534-87539, G0435</i>
STD Screening- Syphilis	<i>DX = Preventive or Maternity</i> <i>CPT Code = 86592 – 86593, 86780, 80055</i>

Preventive Service	Notes
Visual Acuity	<i>DX = Preventive</i> <i>CPT Code = 99172 - 99173</i>
Screening Tests (Pregnant Women)	
Rh Incompatibility	<i>DX = Maternity</i> <i>CPT Code = 80055, 86850, 86900-86901</i>
Iron Deficiency Anemia	<i>DX = Maternity</i> <i>CPT Code = 80055, 85027, 85025, 85041</i>
Gestational Diabetes	
Bacteriuria with urine culture	<i>DX = Maternity</i> <i>CPT Code = 87088, 87086, 82007, 87550-87552, 87560, 87561 – 87562</i>
Screening Tests (Newborns)	<i>CPT codes = 82950, 80050</i>
PKU	<i>DX = Preventive or Newborn (MT DX class)</i> <i>CPT Code = 84030</i>
Congenital Hypothyroidism	<i>DX = Preventive or Newborn</i> <i>CPT Code = 84443, 84439</i>
Hemoglobinopathies/sickle cell	<i>DX = Preventive or Newborn</i> <i>CPT Code = 85660, 83020 – 83021</i>
Hearing loss	<i>DX = Preventive or Newborn</i> <i>CPT Code = 92585- 92588</i>
Additional Women's Preventive Care Services	
Breast Feeding Counseling & Support	<i>CPT Code = S9443, 98960, 99401, 99402, 99403, 99404</i> <i>6 Visits Per Year</i>
Breast Pumps	<i>1 every 3 Calendar Years</i>
Domestic & Interpersonal Counseling - Initial Visit Only	<i>DX = 995.81, 995.82, 995.83, 995.85</i> <i>CPT Code = 99401, 99402, 99403, 99404, 96152</i>
HIV Counseling - Initial Visit Only	<i>DX code = V65.44</i> <i>CPT Codes = 99402, 99403, 99404</i>
Human Papillomavirus (HPV) Counseling - Initial Visit Only	<i>CPT Codes 87620, 87621, 87622</i>
Sexually Transmitted Infections Counseling - Initial Visit Only	<i>DX = V73.89, V74.5</i> <i>CPT Codes = 99401, 99402, 99403, 99404</i>

Frequently Asked Questions:

Q: I went to the doctor for my Preventive Exam & test, why am I receiving a bill?

A: There are a few reasons you might be getting a bill. Compare your bill to your First Choice Explanation of Benefits and check:

- Was your visit billed as preventive?
- Did you receive your services at a facility that assesses a separate facility fee in addition to office visit charges?
- Do the tests that you received appear on the preventive screenings list and have an approved preventive diagnosis code?
- If your visit wasn't billed as preventive, or if you received a test that wasn't on the preventive list or wasn't indicated to be preventive, or if you were charged a facility fee you may be responsible for a portion of the cost of your care.

Q: Why am I being charged twice – for a visit and a facility fee?

A: Some medical clinics may charge a separate facility fee for physician visits. These facility fees are not covered as part of your Preventive Benefit and are your responsibility. Confirm with your physician's office when you make your appointment if a facility fee will also apply.

Q: My screening test wasn't covered 100%, why?

A: There are a few common reasons for this:

- Your test isn't included on the approved Preventive Screening list.
- Your test was on the Preventive Benefit listing, but was submitted with a non-preventive diagnosis.
- Rarely, your provider may have submitted an approved screening test with an incorrect diagnosis code. First Choice can't change diagnosis or procedure codes, please work with your provider to get your claim re-submitted with a corrected code.